



**Course name:** Mould Making Methods and Sculpture Casting for Beginners

**Course code:** W25ASCU

**Instructor:** Jessica Rysyk

**Materials list:**

Most items can be found at our local sculpture supply retailer in Etobicoke. Links are provided to help registrants understand what to purchase. Registrants are not required to purchase items from provided links but from any retailer they choose.

**Participants are to purchase the following items:**

- **Large Elastic bands:** [https://www.amazon.ca/AMUU-folders-Elastic-Supplies-Rubbers/dp/B091GFCS5D5/ref=sr\\_1\\_2\\_sspa?crid=324UGDJILOB7JX&dib=eyJ2IjoiMSJ9.zVvdEKnrLse1QlrdCaFDwED1y4Lk2D5Rvd eI5nC8N-t8GycteINy14ZwfiMEjG5TXQbA0KruEi1wSqsuXIVhwZFhteA6c7GqOCB5x-2\\_uFfglWCvLZNKpFuUfZeYIRihy2p4L0MXsK\\_HMFRbaO4YxTo3BzWt8SE6FHSWvd92yY5hQ0ckLWu\\_C0Ncr81MeIEJUN59B6w8Jt RA3C\\_dVJozv7CL6onCm\\_s-yFPIhij2RDuJx7UkmUWMyvITBHow1wKrA2\\_rgV71kPwDf2qGOyNfr6kX-wFXy0kaUuTa7-gno.zXipgPLzMo3p9MiMMtFJS9xQ1NztOH2z1n0K2z3nj70&dib\\_tag=se&keywords=strong%2Blarge%2Belastic%2Bbands&qid=1731966302&s=office&srefix=strong%2Blarge%2Belastic%2Bbands%2Coffice-products%2C101&sr=1-2-spons&sp\\_csd=d2lkZ2V0TmFtZT1zcF9hdGY&th=1](https://www.amazon.ca/AMUU-folders-Elastic-Supplies-Rubbers/dp/B091GFCS5D5/ref=sr_1_2_sspa?crid=324UGDJILOB7JX&dib=eyJ2IjoiMSJ9.zVvdEKnrLse1QlrdCaFDwED1y4Lk2D5Rvd eI5nC8N-t8GycteINy14ZwfiMEjG5TXQbA0KruEi1wSqsuXIVhwZFhteA6c7GqOCB5x-2_uFfglWCvLZNKpFuUfZeYIRihy2p4L0MXsK_HMFRbaO4YxTo3BzWt8SE6FHSWvd92yY5hQ0ckLWu_C0Ncr81MeIEJUN59B6w8Jt RA3C_dVJozv7CL6onCm_s-yFPIhij2RDuJx7UkmUWMyvITBHow1wKrA2_rgV71kPwDf2qGOyNfr6kX-wFXy0kaUuTa7-gno.zXipgPLzMo3p9MiMMtFJS9xQ1NztOH2z1n0K2z3nj70&dib_tag=se&keywords=strong%2Blarge%2Belastic%2Bbands&qid=1731966302&s=office&srefix=strong%2Blarge%2Belastic%2Bbands%2Coffice-products%2C101&sr=1-2-spons&sp_csd=d2lkZ2V0TmFtZT1zcF9hdGY&th=1)

**One container of mould release wax, 4 oz:**

<https://sculpturesupply.com/products/sonite-wax?variant=41818527006883>

- **Alginate:** A quick, safe, clean and easy-to-use mother mould making compound. Students require 1.5 lbs for the project, but the smallest order quantity is 3 lbs. Students can either share if they register with a partner or use the rest for a project they choose to make at home.  
<https://sculpturesupply.com/products/alja-safe?variant=41818089455779>
- **Silicone:** Please purchase the type and brand suggested as this selection is considerate of our scent-free, chemical /solvent free requirements at NPCC. Available at: [https://sculpturesupply.com/products/rebound-25-brush-on?\\_pos=1&\\_sid=e7c5da4f4&\\_ss=r](https://sculpturesupply.com/products/rebound-25-brush-on?_pos=1&_sid=e7c5da4f4&_ss=r) (The Pint Kit)
- **One dozen paper cups:** Volume should be 8oz
- **Thickener for silicone, 1 oz, Thivex:**  
[https://sculpturesupply.com/products/thivex-silicone-thickener?\\_pos=1&\\_sid=45e162a48&\\_ss=r](https://sculpturesupply.com/products/thivex-silicone-thickener?_pos=1&_sid=45e162a48&_ss=r)
- **Paint for finished casts:** Acrylic or guache



# NEILSON PARK CREATIVE CENTRE

CONNECTING TO AND CELEBRATING A RICHER LIFE THROUGH THE ARTS

- **Apron:** Any type, the more coverage the better
- **Gloves:** Nitrile gloves in preferred size. Available at drug stores, one box
- **One Masonite board or wood board approx. 12” x 12”:**  
[https://www.amazon.ca/dp/B0CFK2DYGJ/ref=sspa\\_dk\\_detail\\_4?pd\\_rd\\_i=B0CFK2DYGJ&pd\\_rd\\_w=1H6fv&content-id=amzn1.sym.516c2169-755e-413a-a38a-68230f4ab66f&pf\\_rd\\_p=516c2169-755e-413a-a38a-68230f4ab66f&pf\\_rd\\_r=NE4ZR5AH48X9QZ2ZFD8M&pd\\_rd\\_wg=haYPa&pd\\_rd\\_r=6c715e3d-1b66-47f7-abb3-876eb51b1473&s=kitchen&sp\\_csd=d2lkZ2V0TmFtZT1zcF9kZXRhaWw&smid=A114K7IDISILKZ&th=1](https://www.amazon.ca/dp/B0CFK2DYGJ/ref=sspa_dk_detail_4?pd_rd_i=B0CFK2DYGJ&pd_rd_w=1H6fv&content-id=amzn1.sym.516c2169-755e-413a-a38a-68230f4ab66f&pf_rd_p=516c2169-755e-413a-a38a-68230f4ab66f&pf_rd_r=NE4ZR5AH48X9QZ2ZFD8M&pd_rd_wg=haYPa&pd_rd_r=6c715e3d-1b66-47f7-abb3-876eb51b1473&s=kitchen&sp_csd=d2lkZ2V0TmFtZT1zcF9kZXRhaWw&smid=A114K7IDISILKZ&th=1)
- **Dust masks that are formed to the face, (not covid masks) that can be contoured to the nose properly:** [https://www.amazon.ca/3M-Particulate-Respirator-9205PP-3-DC-Masks/dp/B0BPDBCTJ9/ref=sr\\_1\\_13?dib=eyJ2ljojMSJ9.IP57weR9MKitZpaopEBkO542qRWP8YOW7FLL97M4ysi9CBzlmGmHhVZ6C3c40WyH5zMh9x0PiKRfb477I0RE0TbUo-Cg43hmrupF-9B-qxbKol-0x32s05w0BNKMTEKfMxGmYFM7zWDcYmhiMmze1ma1sh5CEUNaSofK8HVCZ37ND0MHSdON7wtni5mPLEkszlWK95xuqdlQ1-BMOec4vWCu7P06yfVAJzgxghqiuWZP7CA454WrlT7UBK4K1LUnHBXIOkLxn-cHfqwwow\\_fsjBfiq2shmccT6VqQ4FQtBaL.0dQL0kKEFp6AABWhQn0SZII8Pgcvg0aWg8KmoZUAww8&dib\\_tag=se&keywords=dust+mask&qid=1731967829&sr=8-13](https://www.amazon.ca/3M-Particulate-Respirator-9205PP-3-DC-Masks/dp/B0BPDBCTJ9/ref=sr_1_13?dib=eyJ2ljojMSJ9.IP57weR9MKitZpaopEBkO542qRWP8YOW7FLL97M4ysi9CBzlmGmHhVZ6C3c40WyH5zMh9x0PiKRfb477I0RE0TbUo-Cg43hmrupF-9B-qxbKol-0x32s05w0BNKMTEKfMxGmYFM7zWDcYmhiMmze1ma1sh5CEUNaSofK8HVCZ37ND0MHSdON7wtni5mPLEkszlWK95xuqdlQ1-BMOec4vWCu7P06yfVAJzgxghqiuWZP7CA454WrlT7UBK4K1LUnHBXIOkLxn-cHfqwwow_fsjBfiq2shmccT6VqQ4FQtBaL.0dQL0kKEFp6AABWhQn0SZII8Pgcvg0aWg8KmoZUAww8&dib_tag=se&keywords=dust+mask&qid=1731967829&sr=8-13) (Example)
- **Chip brushes, approx. 10:** [https://www.amazon.ca/Bates-Brushes-Natural-Bristle-Painting/dp/B0BFFYRX23/ref=sr\\_1\\_5?crid=1K8QZBT7I2PPV&dib=eyJ2ljojMSJ9.uyW7-38CmjeQTqBIKepYzAcJDQbtwOdCd99ajANu4o3mWNJCz70J0FAvPY2jrclz3\\_yOMig8a-Rnz0vkZVqWoQ4UWVykLsG1C3QFPdd7ocldbQz8qrqmuOESO7AQZ2-qz4U7H9hQlve5sKCTqAZB4W9dhGkxE5w069eAyPLD5aXtIAjSmWf89UEaFkFaU1kvD5XrdLdd-Ha5-UxWAXNVqdbIF0A-vOL3gn\\_l6-vPBvFuR-uG-a1DsfTCgtUkluNnBNsD2Fs6dwwXrnp4TkJnW5SddF806WSpT12Dz1UoKU.d-ERTJYZ6njaM5fcGECWbBRSVldtMPHdU2NiKcRYgXc&dib\\_tag=se&keywords=chip%2Bbrushes&qid=1731967911&sprefix=chip%2Bbrushes%2Caps%2C98&sr=8-5&th=1](https://www.amazon.ca/Bates-Brushes-Natural-Bristle-Painting/dp/B0BFFYRX23/ref=sr_1_5?crid=1K8QZBT7I2PPV&dib=eyJ2ljojMSJ9.uyW7-38CmjeQTqBIKepYzAcJDQbtwOdCd99ajANu4o3mWNJCz70J0FAvPY2jrclz3_yOMig8a-Rnz0vkZVqWoQ4UWVykLsG1C3QFPdd7ocldbQz8qrqmuOESO7AQZ2-qz4U7H9hQlve5sKCTqAZB4W9dhGkxE5w069eAyPLD5aXtIAjSmWf89UEaFkFaU1kvD5XrdLdd-Ha5-UxWAXNVqdbIF0A-vOL3gn_l6-vPBvFuR-uG-a1DsfTCgtUkluNnBNsD2Fs6dwwXrnp4TkJnW5SddF806WSpT12Dz1UoKU.d-ERTJYZ6njaM5fcGECWbBRSVldtMPHdU2NiKcRYgXc&dib_tag=se&keywords=chip%2Bbrushes&qid=1731967911&sprefix=chip%2Bbrushes%2Caps%2C98&sr=8-5&th=1)
- **X-acto knife:** [https://www.amazon.ca/Olfa-5003-Ratchet-Heavy-Duty-Utility/dp/B0006SJAR0/ref=sr\\_1\\_11?crid=10XLCDDL2I9S5&dib=eyJ2ljojMSJ9.5X A88rDPtPb\\_EXFgQdiW59lfFGj1GyBigWV9pdJXAM1-kxQ6lURCwij74P1\\_GcKN8qn0VPmCdwXswNDxU8IX9z47pWyXm9M1J0XAquVpA4syEwvgyeP7p3pkyO7cE4WnpYspQBhVAp1QE4uUNKKxz8CRX98hHwoc\\_6r2f7jcKnDwCbVARwWT3nAlrRqqxwuFGULJurUCNfvOakJzTu41YLPBk4tm0kc1SyP3bANRlf5IN--5TZ8ggEZ4gl-CxNUM8s01U5-uGrgFH2-](https://www.amazon.ca/Olfa-5003-Ratchet-Heavy-Duty-Utility/dp/B0006SJAR0/ref=sr_1_11?crid=10XLCDDL2I9S5&dib=eyJ2ljojMSJ9.5X A88rDPtPb_EXFgQdiW59lfFGj1GyBigWV9pdJXAM1-kxQ6lURCwij74P1_GcKN8qn0VPmCdwXswNDxU8IX9z47pWyXm9M1J0XAquVpA4syEwvgyeP7p3pkyO7cE4WnpYspQBhVAp1QE4uUNKKxz8CRX98hHwoc_6r2f7jcKnDwCbVARwWT3nAlrRqqxwuFGULJurUCNfvOakJzTu41YLPBk4tm0kc1SyP3bANRlf5IN--5TZ8ggEZ4gl-CxNUM8s01U5-uGrgFH2-)



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[cVXrxGYtet3dYKjMQy\\_\\_flr76Z0.B-yywJPeCPPWqNkCgWC7npOHqafCf927lqC8J\\_LpowY&dib\\_tag=se&keywords=exacto+knife&qid=1731968083&srefix=exacto+k%2Caps%2C93&sr=8-11](https://www.amazon.ca/Wooden-Multi-Purpose-Popsicle-Sticks-Depressor/dp/B0931XXG2J/ref=sr_1_6?crd=3C11ONA82P9TV&dib=eyJ2ljojMSJ9.wMSj5gVJ421YJDJTTtu_phfVlp22M2NVB4O2gQTNlXtrFS04mUGmbvESbD5XonAXLZxJZ55usHPmgCnmPNMQjWRZrioXOftVrg57d6XGnQNDrh_3P_2EV9vM6RpO1zrvSgvmOXA4-a1EHFkl9MJirJ6lizitjDhi-ShWqWiGWm04JOKoGzAmaulia0Lj-KIFNVm2_Ziph6pE6QLXjYeT9HzvpUBlkCG-RO2Z6kdTvMYAcDYDHxli_V1vXmy2miANVeujklOBboRaXMKOOASZHoY4xCkLmcyj6otiBl2vIYE.tyPvQ4OmxvN_S2rYducp7IaxA9oAGh4zgHdAhZF0stM&dib_tag=se&keywords=tongue+depressors&qid=1731968560&srefix=tongue+depressors%2Caps%2C95&sr=8-6)

- **Paper cups:** <https://sculpturesupply.com/products/mixing-containers-paper?variant=41818390331555>
- **Tongue depressors / Large popsicle sticks: Purchase the large type only from the dollar store or online.**  
[https://www.amazon.ca/Wooden-Multi-Purpose-Popsicle-Sticks-Depressor/dp/B0931XXG2J/ref=sr\\_1\\_6?crd=3C11ONA82P9TV&dib=eyJ2ljojMSJ9.wMSj5gVJ421YJDJTTtu\\_phfVlp22M2NVB4O2gQTNlXtrFS04mUGmbvESbD5XonAXLZxJZ55usHPmgCnmPNMQjWRZrioXOftVrg57d6XGnQNDrh\\_3P\\_2EV9vM6RpO1zrvSgvmOXA4-a1EHFkl9MJirJ6lizitjDhi-ShWqWiGWm04JOKoGzAmaulia0Lj-KIFNVm2\\_Ziph6pE6QLXjYeT9HzvpUBlkCG-RO2Z6kdTvMYAcDYDHxli\\_V1vXmy2miANVeujklOBboRaXMKOOASZHoY4xCkLmcyj6otiBl2vIYE.tyPvQ4OmxvN\\_S2rYducp7IaxA9oAGh4zgHdAhZF0stM&dib\\_tag=se&keywords=tongue+depressors&qid=1731968560&srefix=tongue+depressors%2Caps%2C95&sr=8-6](https://www.amazon.ca/Wooden-Multi-Purpose-Popsicle-Sticks-Depressor/dp/B0931XXG2J/ref=sr_1_6?crd=3C11ONA82P9TV&dib=eyJ2ljojMSJ9.wMSj5gVJ421YJDJTTtu_phfVlp22M2NVB4O2gQTNlXtrFS04mUGmbvESbD5XonAXLZxJZ55usHPmgCnmPNMQjWRZrioXOftVrg57d6XGnQNDrh_3P_2EV9vM6RpO1zrvSgvmOXA4-a1EHFkl9MJirJ6lizitjDhi-ShWqWiGWm04JOKoGzAmaulia0Lj-KIFNVm2_Ziph6pE6QLXjYeT9HzvpUBlkCG-RO2Z6kdTvMYAcDYDHxli_V1vXmy2miANVeujklOBboRaXMKOOASZHoY4xCkLmcyj6otiBl2vIYE.tyPvQ4OmxvN_S2rYducp7IaxA9oAGh4zgHdAhZF0stM&dib_tag=se&keywords=tongue+depressors&qid=1731968560&srefix=tongue+depressors%2Caps%2C95&sr=8-6)
- **32 oz container to mould hand in alginate:**  
[https://sculpturesupply.com/products/mixing-containers-graduated?\\_pos=2&\\_sid=2cffdd446&\\_ss=r](https://sculpturesupply.com/products/mixing-containers-graduated?_pos=2&_sid=2cffdd446&_ss=r) (to mould hand in alginate)
- **Plaster mixing cups (Yogurt container works great - 2 per student)**
- **8 chip brushes (some will be discarded after use)**
- **Dollar store plasticine, don't get anything else. The cheap dollar store type works well. Others don't work as well.**
- **Hot glue gun**